

CALGARY MASTERS INVITATIONAL 2012

LONG COURSE METERS

SUNDAY MARCH 25th, 2012

Sanction#

- Location: Talisman Centre
2225 MacLeod Trail S
Calgary, AB
- Pool: 8 Lanes, 50 m, electronic timing
- Time: Warm up: 9:30
Start: 10:30
- Eligibility: Open to all swimmers registered with Swim Alberta or FINA affiliates.
Age of the swimmer will be as of December 31st, 2012, as per FINA rules.
Swimmers must be 18 years of age prior to March 25th, 2012 to compete.
- Fees: \$40.00 flat fee: Fees must be paid prior to the start of the meet.
Clubs are to submit ONE cheque only for entries.
Swimmers may swim a maximum of 6 events. Late entry fee \$50.00.
Please make cheques payable to: **Calgary Masters Swim Club**
2225 MacLeod Trail S
Calgary, AB T2G 5B6
- Meet Rules: MSC rules and warm up procedures will be in effect throughout the meet.
All events are timed finals and will be swum as mixed (men and women together).
There will be continuous warm up/warm down lanes available throughout the meet.
- Entries: Deadline for registration is March 11th, 2012.
Entries received after this date will be considered a late entry and fees will be applied accordingly.
All events must be entered with an entry time. If you do not have an official time, please use an estimate. An entry with NT will not be accepted.
Deck entries will be allowed as a late entry and only to fill empty lanes. Flat rate fee: \$50.00
Deck entries will close at 10:30.
The 1500 will be limited to 2 heats and may be swum 2 per lane at the discretion of the meet manager.
No deck entries will be allowed for the 1500 free.
Entries MUST be sent via HYTEK, the Lite version can be found here: <http://www.hytek.com/downloads.html>
- Seeding: All events will be seeded with men and women together, slowest to fastest by entry time.
Check in is required for the 1500 and 400 IM no later than 10:15 at the clerk of course and the 400 free no later than 12:15 at the clerk of course. No check in = no swim.
- Relays: All relays will be swum together, men, women, mixed. Swimmers may only swim once in a relay event.
For swimmers not entered in an individual event a fee of \$5.00 will apply and must be submitted with the club entry.
- Results: Results will be posted at www.mymisc.ca and www.albertamasters.ca and <https://www.swimming.ca/MeetList.aspx>
- Meet Manager: Jeanne Carlsen
Email: meetmanager@cmisc.ab.ca

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Warm up: 9:30

Start: 10:30

Events:

1. 1500 m Freestyle (check in required)
2. 400 m Individual Medley
3. 50 m Butterfly
4. 100 m Backstroke
5. 200 m Breaststroke
6. 50 m Freestyle
7. 100 m Butterfly
8. 200 m Backstroke

15 minute BREAK

9. 200 m Freestyle Relay (Men, Women, Mixed)
10. 200 m Individual Medley
11. 50 m Breaststroke
12. 100 m Freestyle
13. 200 m Butterfly
14. 200 m Medley Relay (Men, Women, Mixed)

15 minute BREAK

15. 50 m Backstroke
16. 200 m Freestyle
17. 100 m Breaststroke
18. 400 m Freestyle (check in required)
19. 800 m Freestyle Relay (Men, Women, Mixed)

